



Sussex-Wantage Schools District Newsletter

April 1, 2022

Calendar of Events

April

4/5; 7pm SWPTO virtual meeting
4/14: Early Dismissal - Staff/Faculty PD
4/15-4/22; SCHOOL CLOSED -Spring
Break

MAY

5/4; 7pm BOE Meeting @ SMS
5/12; 7pm BOE Meeting @ SMS
5/30; SCHOOL CLOSED-Memorial Day

JUNE

6/7; 7PM SWPTO Meeting Virtual
6/21; LAST DAY OF SCHOOL (Tentative)
6/30; 7PM BOE Meeting @ SMS

The 12-month calendar is
available to print on our
website

[12-month Calendar](#)

Don't forget to check
out our website

www.swregional.org

Snacks for Sale

The Cafeteria will be offering, **for sale**, Ice Cream and Cookies beginning Monday, April 4th. Students can purchase these snacks with either cash, or by using Maschio's Cafeteria Point of Sale Debit System. Students will also need to know their 4 digit Student ID in order to make a purchase. This information can be found on the Parent Portal.



Welcome
Spring

Yearbooks are now on sale.

Wantage School or CE Lawrence School visit;

<https://jostensyearbooks.com/?Ref=A09873801>

Please be assured, although the link above will state "Wantage School", this is the correct link for CE Lawrence School as well.

Sussex Middle School;

https://link.entourageyearbooks.com/YBStore/YearbookStoreMain.asp?yearbook_id=49935

It's Time to Order Your.....
YEARBOOK!





Congratulations to the SMS student

of the month for March

6th Grade- Ethan McKnight

7th Grade- Leah Eutermarks

8th Grade- Charles Yanecko



Kaitlyn Simionidis

the 2021 - 2022 Superintendent's Roundtable recipient.

The Superintendent's Roundtable Award is given annually to an 8th grade student from Sussex Middle School. This is a highly prestigious award that recognizes a student who performs at high levels both in and out of the classroom. This individual possesses leadership qualities in many aspects of her life and serves as a role model for many of her peers here at SMS.

PTO News

The SWPTO is offering their Gertrude Hawk Chocolates fundraiser this year as a virtual online sale beginning now! Please visit <https://fundraising.gertrudehawkchocolates.com/> to add a seller or place an order using our Organization Code 119604. **Orders can be placed through April 3.** Thank you for your support!



Cafeteria News

Breakfast and lunch are available at each school in the district, free of charge for all students for the 2021-22 school year.

Click [here to view school menus](#)



View your menu <https://swregional.nutrislice.com/>



Before/After Care registration is open.

Go to the district website [for the application.](#)

Community



A cartoon illustration of an Easter Bunny with long pink ears peeking over a red banner. The background features a green field with rolling hills, a yellow sun, a pink egg, a green egg with a red bow, and several other decorated eggs (purple, yellow, and blue) scattered around. Small yellow butterflies are also visible.

Sussex Fire Auxiliary PRESENTS

Breakfast with the Easter Bunny

8AM -11AM	3 APRIL	Adults \$8 Kid \$5 (under 3 Free)
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French Toast • Golden Pancakes • Scrambled Eggs • Sausage
Hash Browns • OJ • Milk • Coffee • Tea

AT SUSSEX FIREHOUSE
25 Loomis Avenue, Sussex, NJ

Questions? Call 862-268-7257, 973-222-2129, or 570-994-9483
<https://www.facebook.com/sussexfireauxiliary/>

Made with PosterMyWall.com

Community

**SATURDAY APRIL 09
10:00 A.M.
WOODBOURNE PARK
PAVILION**



DON'T FORGET TO BRING YOUR BASKET!



SNOW/RAIN DATE: APRIL 16

Community

**caregiver**
support squad



About Debbie

Debbie is a Certified Caregiving Facilitator and has been a family caregiver for 40 years, to a parent, spouse and son while running a full-time business. She suffered from caregiver burnout and transformed her own life by learning to prioritize herself while still being a loving, effective caregiver. She is now sharing her 8-year transformation journey with other family caregivers. Debbie's goal is to help them prioritize self-care so they can be more of who they are as well as a caregiver.

Suggested Talking Points:

- Dangers of caregiver burnout
- Self-care is not selfish
- Different types of self-care
- Combatting the idea that there is not enough time for self-care
- Integrating self-care regardless of your unique situation
- Where do I even start?

Caregiver Support Squad Information

 @caregiver.support.squad

 debbie@caregiversupportsquad.com

 Caregiver Self-Care Squad Group

 908-892-0508

www.caregiversupportsquad.com

Debbie Weiss
From the
Care Giver Support Squad

will be speaking about the

IMPORTANCE OF CAREGIVER SELF CARE

APRIL 13 at 6:45

Sponsored by the
Sussex Wantage Regional School District &
High Point Regional High School
SEPAG Committee's

Her presentation will take place in the
**High Point Regional
High School**

Community

SUSSEX FIRE DEPARTMENT AUXILIARY

KIDS TRICKY TRAY

SUNDAY, APRIL 24, 2022

Sussex Firehouse
25 Loomis Ave

Doors Open @ 12 PM
Drawing @ 1:30PM

Seats need to be RESERVED
NO SEATS @ the DOOR
LIMITED SEATS AVAILABLE



Name: _____

Email: _____

Phone #: _____ # of Attendees: _____ X %5 = _____

You will receive 1 Regular Tray Sheet of
Tickets with each paid player

Please Mail To: Melissa Thomas, 11 Valley View Trail, Wantage, NJ 07461

Community

SUSSEX FIRE AUXILIARY

PRESENTS ITS ANNUAL

SPRING Vendor Sale

MAY 1, 2022

10:00 AM - 4 PM

Sussex Firehouse

25 Loomis Avenue, Sussex, NJ 07461

LOCAL VENDORS - ARTISANS - CRAFTS - TASTY
TREATS

NOW SEEKING VENDORS!

COST: \$30 PER TABLE (PAYMENT MUST BE RECEIVED BY 4/1/2022).
INCLUDES:

- (1) 8 FOOT TABLE AND (2) CHAIRS
- SET UP AT 8:00-10 AM (NO SET UP PRIOR TO 8)
- UP TO 35 TABLES

FOR APPLICATION OR MORE INFORMATION CONTACT:

(973) 703-9148 / MASSAGEBYMARY@GMAIL.COM. (201) 679-4916 /
SMM27@MSN.COM. OR (201) 704-3107 / REYNOLDSTAR@HOTMAIL.COM.

Proceeds benefit Sussex Fire Department

Community Harvest Home Foods



A FOOD PANTRY & Division of  ASCARC

Various types of foods available:

- ♦ **Breads & Baked Goods**
 - ♦ **Canned Goods**
 - ♦ **Beverages**
- ♦ **Fruits & Vegetables**
 - ♦ **Cereal**
 - ♦ **Pasta & Rice**
 - ♦ **Soups**
- ♦ **Frozen Food (meat, cheese, butter)**
 - ♦ **Eggs**

****USDA Commodities****

Contact:

Harvest Home Foods – Hamburg
100 Quarry Road
Hamburg, NJ 07419
973-827-4076

Harvest Home Foods – Hampton
4 Camre Drive
Newton, NJ 07860
973-383-7000

Call for an appointment or delivery within Sussex County: 24 hour message line

HOURS OF OPERATION

Monday—Friday

9:30 AM—1:30 PM

****Receipt of USDA Commodities requires certain eligibility.****

See us at www.scarc.org

Community

The 1ST ANNUAL



3 on 3 BASKETBALL DRILLS/LEAGUE 2022

BOYS & GIRLS

TIMES/DATES/AGES:

GRADES 3RD - 8TH

SUNDAY NIGHTS

6 GREAT WEEKS

****WE WILL DO THIRTY MINUTES OF DRILLS, THEN
EACH TEAM WILL PLAY TWO GAMES. THEN WE WILL
HAVE A TOURNAMENT THE LAST WEEK!***

APRIL 3RD / APRIL 10TH - AUX GYM

APRIL 24TH / MAY 1ST / MAY 15TH / MAY 22ND - MAIN GYM

AUX/MAIN GYM

5:00PM - 6:30PM

Any questions contact Jesse Strehl

E-mail: jstrehl@hpregonal.org

or

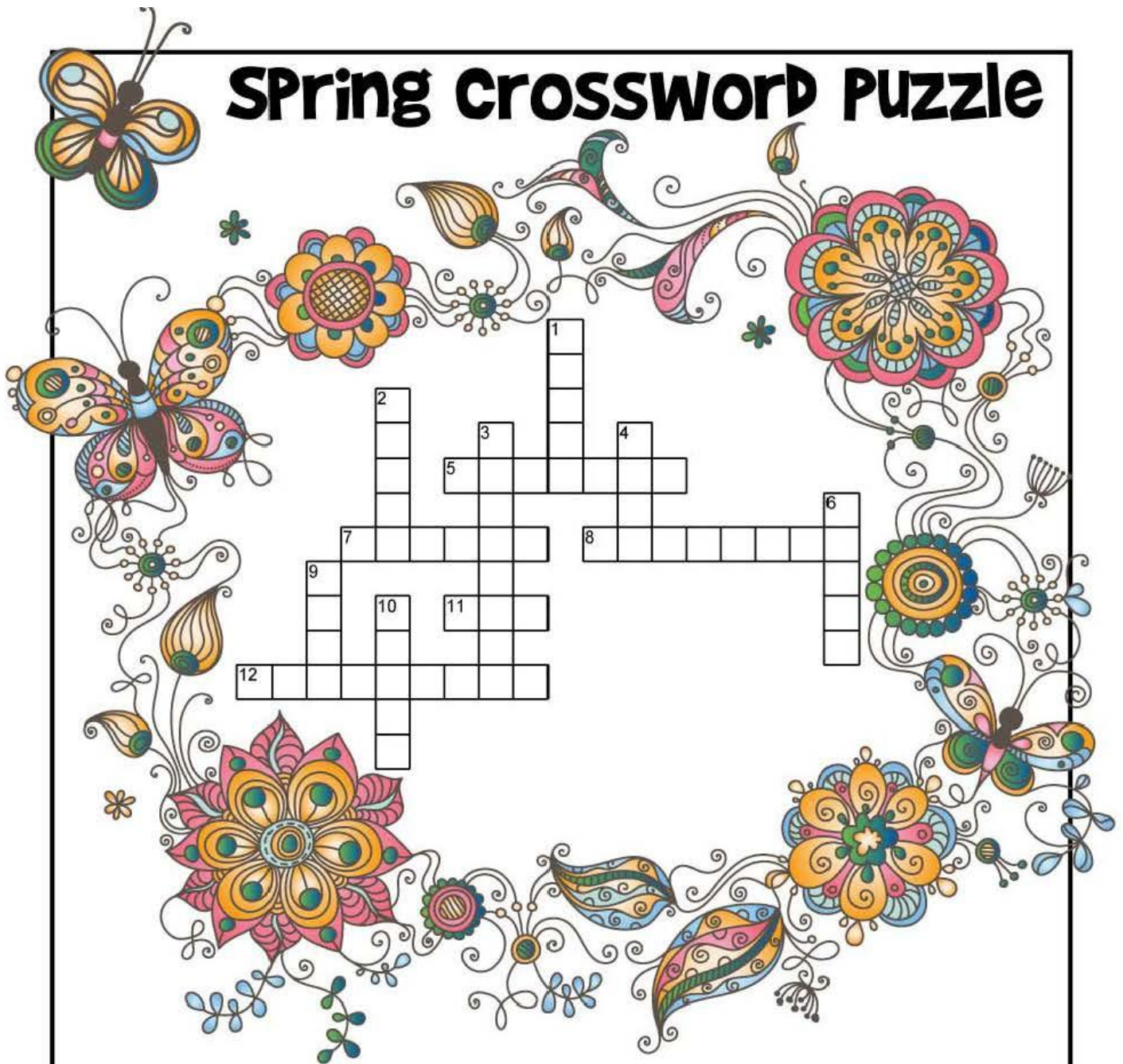
Bill Percey at 973-875-3101 for more information

E-mail: wpercey@hpregonal.org

COST: \$80.00

Click [here for registration form](#)

Spring Crossword Puzzle



Across

5. A spectrum of color in the sky when it rains.
7. A colorful plant with leaves and petals.
8. A circular device that keeps the rain off your head.
11. The month in which we celebrate moms.
12. A winged insect that comes in many colors.

Down

1. One of the earliest birds to appear in spring.
2. _____ showers bring May flowers.
3. A sport played with a bat and ball.
4. The early bird gets the _____.
6. The month in which spring starts.
9. When snow and ice turn into water.
10. The color of grass once it comes back to life.



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Across: 5. rainbow 7. flower 8. umbrella 11. May 12. butterfly Down: 1. robin 2. April 3. baseball 4. worm 6. March 9. melt 10. green

Email Jen Armstrong

jarmstrong@swregional.org with newsletter submissions